# EMPLOYEE BENEFITS GUIDE



# 2025

# NTRODUCTION

### SUCCESS THROUGH PEOPLE.

As an employee of Onyx Health, your health and wellbeing are of the utmost importance to our organization. The health, satisfaction and peace of mind of you and your family are vitally important to helping all of us achieve our goals.

Your employer has worked hard to offer a competitive total rewards package for our staff for the 2025 plan year. This includes valuable and competitive health benefits. These programs reflect our commitment to keeping our staff healthy and secure.

We understand that each employee's situation is unique, and your employer is offering an overall benefits package with several options. These options can be chosen by you to fit your individual needs.

We hope this enrollment booklet, along with our additional communication and decision-making tools, will help you make the best health care choices for you and your family.

– Your HR Team

🐼 ONYX HEALTH

# CONTENTS

Key Terms	4
Overview of Benefits	5
Medical	6
Claim Watchers	8
Dental	10
Vision	11
Accident	12
Critical Illness	13
Disability	14
Term Life	15
Cancer Advocate Plus	16
Lifetime Benefit Term	17
Hospital Indemnity	18
Identity Theft Protection	19
Legal Services	20
Home & Auto Insurance	21
Pet Insurance	22
Employee Assistance Program	23
Preventative Care Services	24
Legal Notices	25
Contact Information	27

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# KEY TERMS TO REMEMBER

## COINSURANCE

The amount or percentage that you pay for certain covered health care services under your health plan. This is typically the amount paid after a deductible is met and can vary based on the plan design.

### DEDUCTIBLE

The amount you pay for covered health care services before your insurance plan starts to pay. After you pay your deductible, you usually pay only a copay or coinsurance for covered services. Your insurance company pays the rest.

### **COPAY & COINSURANCE**

A copay is a flat fee that you pay toward the cost of covered medical services. Coinsurance is a percentage that you pay for covered services while your insurance picks up the rest of the bill.

### **IN-NETWORK**

Health care received from your primary care physician or from a specialist within an outlined list of health care practitioners.

### OUT-OF-NETWORK

Health care you receive without a needed physician referral, or services received by a non-network service provider. Out-of-network health care and play payments are subject to deductibles and copayments.

### OUT-OF-POCKET MAXIMUM

The amount or percentage that you pay for certain covered health care services under your health plan. This is typically the amount paid after a deductible is met and can vary based on the plan design.

### **GUARANTEED ISSUE**

Plans with a guaranteed issue are plans that can not turn you down due to your health. Some of your other benefits have a guaranteed issue, though that may only be to a certain dollar amount over which you may need to provide evidence of insurability.

### USUAL, CUSTOMARY AND REASONABLE (UCR)ALLOWANCE

The amount or percentage that you pay for certain covered health care services under your health plan. This is typically the amount paid after a deductible is met and can vary based on the plan design.

# OF BENEFITS

### ELIGIBILITY BENEFIT TERM QUALIFYING EVENTS

### ELIGIBILITY

Employees must work a minimum of 30 hours per week in order to be eligible for the plans. Employees are eligible after 60 days. Terminations due to termination of employment are effective as of employees' last day worked. You can elect medical, dental, and vision coverage for your spouse and dependent/adult children up to 26 years old. Your employer reserves the right to request proof of marriage and birth certificates in order to add dependents.

### WHEN COVERAGE BEGINS AND ENDS

Your benefits become effective the 1st of the month following 60 days of hire provided you've submitted a completed enrollment with a benefit counselor within 30 days of your benefits effective date. Any applicable waiting periods or additional exceptions are covered under each benefit description.

Your coverage under the benefits plans will end the date on your last day worked, the day you no longer meet the plan's eligibility requirements, your contributions are discontinued, or the Group Insurance Policy is terminated.

### QUALIFYING EVENTS

Eligible employees may enroll or make changes to their benefits elections during the annual open enrollment period. As with most benefits, once you elect an option you are bound to that choice for the entire plan year unless you experience a "Qualifying Event".

These may include, but not limited to: Changes in employment status, legal marital status or number of dependents, taking an unpaid leave of absence, Dependent satisfies or ceases to satisfy eligibility requirement, a COBRA-qualifying event, Entitlement to Medicare or Medicaid, or a change in the place of residence of the employee, resulting in the current carrier not being available.

## THINGS TO CONSIDER

Consider your personal situation and the difference between the plan options and their costs when making your decision. You may also elect to waive coverage.

Ask yourself the following questions • Will your current doctor be in or out-of-network?

- Do you have any planned surgeries this year?
- How many family members will you cover?
- How often do you visit the doctor?
- Are you planning to have a baby this year?

By reading this guide cover to cover, you will become familiar with your benefits options. After enrolling, verify that your payroll deductions are correct. If not, please contact your payroll representative.

### DISCLAIMER

This enrollment booklet is a summary description of your benefits. If there is a discrepancy between these summaries and the written legal plan documents, the plan documents shall prevail. This booklet and plan summaries do not constitute a contract of employment. These plans are provided by your employer and employer's insurance broker. Although every effort has been made to provide complete and accurate information, we make no warranties, express or implied, or representations as to the accuracy of content on this booklet. We assume no liability or responsibility for any error or omissions in the information contained in the booklet.

# MEDICAL BENEFITS



The following is a brief outline of benefits offered by your employer. Refer to the carrier summaries for a comprehensive overview.

	PLAN A	PLAN B	PLAN C	PLAN D
Basic Plan Details				
<b>Deductible</b> Individual / Family	\$2,000 / \$4,000	\$3,000 / \$6,000	\$5,000 / \$10,000	\$1,000 / \$2,000
Max Out-of-Pocket Individual / Family	\$7,000 / \$14,000	\$7,000 / \$14,000	\$7,000 / \$14,000	\$7,000 / \$14,000
Primary care visit to treat an injury or illness	\$30 co-pay/ visit*	\$40 co-pay/ visit*	\$30 co-pay/ visit*	\$25 co-pay/ visit*
Specialist visit	\$50 co-pay/ visit*	\$40 co-pay/ visit*	\$60 co-pay/ visit*	\$45 co-pay/ visit*
Preventive care/ screening/ immunization	No Charge	No Charge	No Charge	No Charge
Diagnostic test blood work	\$0 co-pay/ visit*	\$0 co-pay/ visit*	\$0 co-pay/ visit*	\$0 co-pay/ visit*
Diagnostic test x-ray	\$50 co-pay/ visit*	\$50 co-pay/ visit*	\$50 co-pay/ visit*	\$0 co-pay/ visit*
<b>Imaging</b> (CT/PET scans, MRIs)	\$200 co-pay/ visit*	\$200 co-pay/ visit*	\$200 co-pay/ visit*	\$100 co-pay/ visit*
Outpatient Surgery				
Facility fee	0% coinsurance after deductible	20% coinsurance after deductible	0% coinsurance after deductible	0% coinsurance after deductible
Physician/surgeon fees	\$50 co-pay/ Visit	\$40 co-pay/ Visit	\$60 co-pay/ Visit	\$45 co-pay/ Visit
Immediate Medical	Attention			
Emergency room care	\$350 co-pay/ Visit*	\$350 co-pay/ Visit*	\$350 co-pay/ Visit*	\$150 co-pay/ Visit*
Emergency medical transportation	\$350 co-pay/ Visit*	\$350 co-pay/ Visit*	\$350 co-pay/ Visit*	\$150 co-pay/ Visit*
Urgent care	\$50 co-pay/ visit*	\$40 co-pay/ visit*	\$50 co-pay/ visit*	\$45 co-pay/ visit*
Hospital Stay				
Facility fee (e.g., hospital room)	0% coinsurance after deductible	20% coinsurance after deductible	0% coinsurance after deductible	0% coinsurance after deductible
Physician/surgeon fees	0% coinsurance after deductible	20% coinsurance after deductible	0% coinsurance after deductible	0% coinsurance after deductible

\* deductible doesn't apply



# MEDICAL BENEFITS

	PLA	NA	PLAN B		PLA	NC	PLA	N D
Basic Plan								
Continued	In Network	Out of Network	In Network	Out of Network	In Network	Out of Network	In Network	Out of Network
Prescription Covera	<b>ge</b> (More infor	mation about pr	rescription drug	coverage is ava	ailable at 877-64	17-4026.)		
Generic retail	\$10 co-pay	Not Covered	\$10 co-pay	Not Covered	\$10 co-pay	Not Covered	\$10 co-pay	Not Covered
Generic mail order	\$20 co-pay	Not Covered	\$20 co-pay	Not Covered	\$20 co-pay	Not Covered	\$20 co-pay	Not Covered
Preferred brand retail	\$50 co-pay	Not Covered	\$50 co-pay	Not Covered	\$50 co-pay	Not Covered	\$50 co-pay	Not Covered
Preferred brand mail order	\$100 co-pay	Not Covered	\$100 co-pay	Not Covered	\$100 co-pay	Not Covered	\$100 co-pay	Not Covered
Non-preferred brand retail	\$80 co-pay	Not Covered	\$80 co-pay	Not Covered	\$80 co-pay	Not Covered	\$80 co-pay	Not Covered
Non-preferred brand mail order	\$160 co-pay	Not Covered	\$160 co-pay	Not Covered	\$160 co-pay	Not Covered	\$160 co-pay	Not Covered
Specialty retail	\$80 co-pay	Not Covered	\$80 co-pay	Not Covered	\$80 co-pay	Not Covered	\$80 co-pay	Not Covered
Pregnancy								
Office visits	\$30 co-pa	y/ 1st Visit*	\$40 co-pa	y/ 1st Visit*	\$30 co-pa	y/ 1st Visit*	\$25 co-pa	y/ 1st visit*
Childbirth/delivery professional services		rance after ctible		urance after ctible	0% coinsu dedu	rance after		rance after ctible
Childbirth/delivery facility	0% coinsu	rance after	20% coinsi	urance after	0% coinsu	rance after	0% coinsu	rance after
services Mental Health Care	dedu	ctible	dedu	ctible	dedu	ctible	dedu	ctible
Outpatient services	\$50 co r	bay/ visit*	\$40 co r	and visit*	\$60 co r	bay/ visit*	\$45 co r	bay/ visit*
	· · · ·	rance after	· · ·			rance after		rance after
Inpatient services		ctible		ctible	dedu			ctible
Recovery Assistance	9							
Home health care	\$50 co-pay/ Visit*		\$40 co-pay/ Visit*		\$60 co-pay/ Visit*		\$45 co-pay/ Visit*	
Rehabilitation services	\$50 co-pay/ Visit*		\$40 co-pay/ Visit*		\$60 co-pay/ Visit*		\$45 co-pay/ Visit*	
Habilitation services	\$50 co-pay/ Visit*		\$40 co-pay/ Visit*		\$60 co-pay/ Visit*		\$45 co-pay/ Visit*	
Skilled nursing care	0% coinsurance after deductible		20% coinsurance after deductible		0% coinsurance after deductible		0% coinsurance after deductible	
Durable medical equipment	0% coinsurance after deductible		20% coinsurance after deductible		0% coinsurance after deductible		0% coinsurance after deductible	
Hospice services		rance after ctible		irance after ctible		rance after ctible		rance after ctible

\* deductible doesn't apply

# CLAIM WATCHER BENEFITS



## **Onyx Health Employees,**

This document provides helpful information concerning accessing and using your health benefits. Your health plan is an Open Access arrangement which allows members access to any provider **regardless** of network participation. The plan separates claims & providers into three categories: Professional Claims, Facility Claims, & Pharmacy Claims

#### **Professional Claims**

- 1. Providers: The following providers fall under this category: Primary Care Doctor, OB/GYN, Specialist, & Chiropractor
- Network Access: MultiPlan® Private Health Care Systems (PHCS) Practitioner and Ancillary Network will be the Preferred Provider Organization (PPO) for all "professional claims". This does not apply to facility-based claims such as Freestanding facilities or Hospitals. Members can search providers in the MultiPlan® PHCS network via: We beits: https://www.multiplan.com/web.esta/DerviderSearch
  - Website: https://www.multiplan.com/webcenter/portal/ProviderSearch.
  - Click on the "For Health Plan Members" button
  - Select "Find a Provider"
  - Select "PHCS" and then Select "Physician and Ancillary" network
  - Follow the prompts to enter your search criteria

Phone: Call the Benefit Customer Service number 877-952-7427 located onyour Medical ID Card or call 866-930-7427.

3. Non-Network Providers: The plan also allows access to non-network providers. If your provider does not participate in MultiPlan® PHCS Physician and Ancillary network, the plan will still reimburse the provider for covered services and the member will only be obligated to pay the applicable co-pay. In this situation, contact UHP Administrators at 855-375-7125 to make payment arrangements with the provider. Members are only responsible to pay all cost sharing as outlined in benefit summary. This includes any applicable co-pay, deductible or co-insurance. Refer to your Explanation of Benefits (EOB) for payment due.

#### **Facility Claims**

- 1. Providers: The following providers fall under the category of Facility Claims, Hospital: Inpatient and Outpatient Services, Freestanding Ambulatory Surgery Centers, Emergency Room, & Urgent Care Centers.
- Network / Non-Network Providers: There is NO specific network associated with Facility Claims. The plan will reimburse any provider for covered services and the member will only be held responsible for applicable cost sharing amounts (i.e. co-pay or deductible and coinsurance).

If the provider refuses to accept this insurance or has questions regarding the insurance, please call UHP Administrators Customer Service 855-375-7125 and plan information will be verified to the provider. Additionally, providers can call UHP Administrators Customer Service to address reimbursement questions on claims.

#### **Pharmacy Claims**

The Pharmacy benefits are managed through MedTipster **Any questions concerning Rx eligibility or benefits, please call MedTipster Customer Service line – 877-226-2378.** Please provide the plan information and member ID (which appears on ID card) to verify eligibility.

The plan will reimburse providers for covered services. The member is still responsible for applicable co-pays, deductible and co-insurance as described in the benefit summary. Under the plan, the member will have NO obligation to any balance billing arising from covered services. Should the member receive a balance bill, please contact **Claim Watcher Customer Service at 844-307-6755**. You will be asked to forward a copy of the balance bill to Claim Watcher. The team at Claim Watcher will take over handling the balance billing so that the provider is properly reimbursed, and member will not receive further correspondence from the provider as long as they have promptly paid their required co-pays, deductibles and co-insurance as outlined in the benefit summary.

How to File a Claim: All claims, network or non-network, should be submitted to the address on back of ID card:

UHP Management P.O. Box 190394 Brooklyn, NY 11219



# CLAIM WATCHER BENEFITS

UHP Administrators plans provide open access to your healthcare providers. To make sure that everything goes smoothly, our concierge service will help explain your benefit plan coverage to your healthcare providers before your next appointment. Are you concerned about an upcoming appointment?

Need help finding a provider? Call us on the customer service line at (855) 375 - 7125 We'll be with you every step of the way!

To get started,

(1) Use this tool to see if your doctors already participate with your plan: https://www.multiplan.com/webcenter/portal/ProviderSearch If you find your doctor, you are all set! Your provider participates with the PHCS Practitioner & Ancillary network program. The directory indicates the affiliation of the provider. Please mention the appropriate logo on your ID card when scheduling an appointment after your plan's effective date.

(2) If you don't find your doctor using that tool, we're here to help you! All we need to get started is your healthcare provider's information. Use the link or QR code below to fill out the form: https://tinyurl.com/UHPCi



If you fill out the form for providers not found at https://www.multiplan.com/webcenter/portal/ProviderSearch you will receive a follow up call close to your appointment date or effective date. We will let you know that our concierge team has reached out to your provider. You will be all set!

## Do not pay full charges at time of service.

There are no additional costs to see a provider outside the PHCS Practitioner & Ancillary network or Claim Watcher program, as long as you fill out the form or call Customer Service prior to your appointment. We will work with your provider to ensure that you are not required to pay the full charged amount.

UHP's provider team has a 96% success rate in getting our clients seen by the provider of their choice. On the rare occasion when a provider is not willing to work with us, our team will find you alternate providers willing to work with the plan.

If you have questions, call us at (855) 375 - 7125 and we will be happy to assist you.

# DENTAL BENEFITS



In addition to protecting your smile, dental insurance helps pay for dental care and usually includes regular checkups, cleanings and X-rays. Several studies suggest that oral diseases, such as periodontists (gum disease), can affect other areas of your body—including your heart. Receiving regular dental care can protect you and your family from the high cost of dental disease and surgery.

BENEFIT DETAILS	LOW PLAN	HIGH PLAN
Annual Maximum	\$1,250	\$2,250
Ortho Age Limit	N/A	None
Ortho Lifetime Max	\$0	\$1,500
Individual Deductible	\$50	\$25
Family Deductible	\$100	\$50
Deductible Waived for Preventive	Yes	Yes
Preventive Services	100% Coinsurance	100% Coinsurance
Basic Services	80% Coinsurance	90% Coinsurance
Major Services	50% Coinsurance	60% Coinsurance

Coinsurance rates given are for in network benefits



# VISION BENEFITS

The MetLife Vision provider network includes thousands of professionally certified optometrists and ophthalmologists who offer comprehensive vision exams and ways to purchase glasses or contacts in office.

	In-Network	Out-of-Network
Eye Examination		
Comprehensive exam	\$10 copay	\$45 allowance
Retinal Imaging	Up to \$39 copay	Applied to the exam allowance
Materials / Eyewear (Either Glasses or Con	tacts)	
Standard Corrective Lenses		
Single vision	\$25 copay	\$30 allowance
Lined bifocal	\$25 copay	\$50 allowance
Lined trifocal	\$25 copay	\$65 allowance
• Lenticular	\$25 copay	\$100 allowance
Standard Lens Enhancement		
Ultraviolet coating	Covered in Full	Applied to the allowance for the applicable corrective lens
Standard Polycarbonate (child up to age 18)	Covered in Full	Applied to the allowance for the applicable corrective lens
Additional Lens Enhancements		
Progressive Standard	Up to \$55 copay	\$50 allowance
Progressive Premium/Custom	Premium: Up to \$95-\$105 copay Custom: Up to \$150-\$175 copay	\$50 allowance
Standard Polycarbonate (adult)	Single Vision: Up to \$31 copay Multifocal: Up to \$35 copay	Applied to the allowance for the applicable corrective lens
Scratch-resistant coating (variable by type)	Up to \$17 - \$33 copay	Applied to the allowance for the applicable corrective lens
Tints (plastic lenses)	Pink I & II: \$0 copay Solid Plastic: \$15 Copay Plastic Gradient Dye: \$17 Copay	Applied to the allowance for the applicable corrective lens
Anti-reflective coating (variable by type)	Up to \$41 - \$85 copay	Applied to the allowance for the applicable corrective lens
Photochromic (variable by type)	Up to \$47 - \$82 copay	Applied to the allowance for the applicable corrective lens
Frame Allowance		
(You receive an additional 20% off any amount that you pay over your allowance. Offer is available from all participating locations except Costco, Walmart and Sam's Club.)	\$130 allowance \$150 allowance on featured frames	\$70 allowance
Costco, Walmart and Sam's Club	\$70 allowance	
Contact Lenses		
Elective	\$130 allowance	\$105 allowance
Necessary	Covered in full after eyewear copay	\$210 allowance

# GROUP **Accident**



Group accident insurance can help with medical or other costs associated with a covered accident or injury that your health insurance may not cover. With this coverage you may not need to use your savings or secure a loan to help pay those unexpected out-of-pocket expenses. Coverage options are available for you, your spouse and eligible dependent children.

\*Benefits are per covered person per covered accident unless stated otherwise

Accident emergency treatment\$150
Emergency Room or Urgent Care
Initial doctor visit\$75

Accidental Death	Benefit Amount	Hospital/Facility Benefit	5	
Named insured	\$50,000	<ul> <li>Standard Hospital Admission</li> </ul>	(per admission)	\$1,000
Spouse	\$50,000			<i><i><i>ϕ</i></i>,<i><i>ϕ</i>,<i><i>ϕ</i>,<i><i>ϕ</i>,<i>ϕ</i>,<i>ϕ</i>,<i>ϕ</i>,<i>ϕ</i>,<i>ϕ</i>,<i>ϕ</i>,<i>ϕ</i>,<i>ϕ</i>,<i>ϕ</i></i></i></i></i>
Dependent child(ren)	\$10,000	ICU Hospital Admission	(per admission)	\$1,750
Common Carrier		Hospital Confinement	(per day, up to 365 days)	\$250
Named insured	\$200,000	_ ICU Confinement	(per day, up to 30 days)	\$400
Spouse	\$200,000			φ+00
Dependent child(ren)	\$40,000	Rehab Confinement	(per day, up to 30 days)	\$150

Ambulance (air)\$1,500Ambulance (ground)\$300Ambulance (ground)\$300Appliance\$100Blood, Plasma, Platelets\$400BurnsLevel 1Level 2\$2,000Level 3\$15,000Skin Graft50%Catastrophic accidentNamed insuredSpouse\$50,000Dependent child(ren)\$25,000On or after age 7050%Coma\$10,000Emergency dental workCrownEye injury\$300Eye injury\$300	Additional Benefit	s	Up to maximum per instance	Additional Benefits	Up to maximum per instance
Ambulance (ground)\$300Knee Cartilage - Torn\$750Appliance\$100Lacerations\$50-\$60Blood, Plasma, Platelets\$400Lacerations\$50-\$60BurnsLevel 1\$1,000Loss of hands, feet, sight\$18,00Level 2\$2,000Loss of fingers or toes\$2,100Level 3\$15,000Skin Graft50%Catastrophic accidentNamed insured\$50,000Spouse\$50,000Pain Management\$150Or after age 70\$0%Prosthetics\$1,250Coma\$10,000Forsthetics\$1,250Dislocation (separated joint)\$6,000Fernia\$400Ewe injury\$300Transportation pertip, 100 or more miles/Max 3 trips\$6000Traumatic Brain Injury\$375Basic Wellness One, per year 30 day waiting period\$50	Follow-up Treatment (pe	r visit) Up to 4 visits	\$50	Fractures (up to)	\$7,500
Appliance\$100Appliance\$100Blood, Plasma, Platelets\$4400BurnsLevel 1Level 2\$2,000Level 3\$15,000Level 3\$15,000Skin Graft50%Catastrophic accidentNamed insuredSpouse\$50,000Dependent child(ren)\$25,000On or after age 7050%Coma\$10,000Dislocation (separated joint)\$6,000Emergency dental workCrownCrown\$300Eye injury\$300Eye injury\$300	Ambulance (air)		\$1,500	Herniated Disc Surgery	\$900
Blood, Plasma, Platelets\$400Lacerations\$50-\$60BurnsLevel 1\$1,000LogingPer night, 100 or more miles, up to 30 nights\$200Level 2\$2,000Loss of hands, feet, sight\$18,000Level 3\$15,000Loss of fingers or toes\$2,100Skin Graft50%Major Diagnostic Exam (CT, MRI, etc.)\$200Catastrophic accidentNamed insured\$50,000Spouse\$50,000Pain Management\$150Dependent child(ren)\$25,000Prosthetics\$1,250On or after age 7050%SurgeryAbdominal, Cranial, & \$10,000\$1,500Dislocation (separated joint)\$6,000Thoracic \$300\$300Ewergency dental workCrown Extraction\$300TherapyPhysical, Occupational, or Speech;Max 10 visits\$455Transportationper tip, 100 or more miles;Max 3 tips\$6000Traumatic Brain Injury\$375Eye injury\$300SaloeSaloeTraumatic Brain Injury\$375	Ambulance (ground)		\$300	Knee Cartilage - Torn	\$750
BurnsLevel 1 Level 2 Level 3 Skin Graft\$1,000 Level 3 \$15,000 Skin GraftLevel 1 \$1,000 Level 3 Stin Graft\$1,000 Score Score Spouse Spouse Dependent child(ren) On or after age 70Level 1 \$2,000 Score Spouse Spouse Spouse Spouse Spouse Spouse Dependent child(ren) Dislocation (separated joint)\$1,000 \$25,000 Dependent child(ren) Spouse ScoreLevel 1 \$2,000 Spouse Spouse Spouse Spouse Spouse Spouse Spouse Dependent child(ren) Dislocation (separated joint)Level 3 \$10,000\$1,250 Pain ManagementLoss of fingers or toes Dependent Thoracic Thoracic Tendon, Ligament, Rotator Cuff\$200 \$1,250Coma\$10,000 Extraction Dentures S300 Implants\$300 Therapy Physical, Occupational, or Speech;Max 10 visits \$450Transportation per trip, 100 or more miles;Max 3 trips\$600 \$600Eye injury\$300Traumatic Brain Injury\$375 Basic Wellness One, per year 30 day waiting period\$50	Appliance		\$100	Lacerations	\$50-\$600
Level 2\$2,000Level 3\$15,000Skin Graft50%Catastrophic accidentNamed insured\$50,000Spouse\$50,000Dependent child(ren)\$25,000On or after age 7050%Coma\$10,000Dislocation (separated joint)\$6,000Emergency dental workCrown\$300Extraction\$100Eye injury\$300Eye injury\$300Eye injury\$300	Blood, Plasma, Platelet	S	\$400	Lodging Per night, 100 or more miles, up to 30 nights	\$200
Level 3 Skin Graft\$15,000 Skin GraftLoss of fingers or toes\$2,000 Major Diagnostic Exam (CT, MRI, etc.)\$200 Pain ManagementCatastrophic accidentNamed insured Spouse\$50,000 Dependent child(ren)\$25,000 Do or arfter age 70Pain Management\$150 ProstheticsComa\$10,000\$10,000Thoracic Hernia\$300 Thoracic\$300 Therapy Physical, Occupational, or Speech;Max 10 visits\$45 \$45 TransportationEye injury\$300\$300 ImplantsTraumatic Brain Injury\$375 Basic Wellness	Burns		. ,		\$18,000
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Spouse Dependent child(ren) On or after age 70\$50,000 \$25,000 On or after age 70Prosthetics\$1,250 SurgeryComa\$10,000Thoracic Hernia\$300 Thoracic Hernia\$300 Therapy Physical, Occupational, or Speech;Max 10 visits\$45 \$900 Therapy Physical, Occupational, or Speech;Max 3 trips\$600 \$900 Therapy Physical, Occupational, or Speech;Max 3 tripsEye injury\$300Traumatic Brain Injury\$375 Basic Wellness\$00, per year 30 day waiting period		Skin Graft	50%	Major Diagnostic Exam (CT, MRI, etc.)	\$200
Dependent child(ren) On or after age 70\$25,000 50%Prosthetics\$1,250 SurgeryComa\$10,000Thoracic Hernia\$300 HerniaDislocation (separated joint)\$6,000Thoracic Hernia\$300 HerniaEmergency dental workCrown Extraction\$300 SurgeryThoracic Cuff\$900 Therapy Physical, Occupational, or Speech;Max 10 visitsDentures Implants\$300 HerniaTransportation Per trip, 100 or more miles;Max 3 trips\$600 SurgeryEye injury\$300 SurgeryTraumatic Brain Injury\$375 Basic Wellness\$0e, per year 30 day waiting period\$50	Catastrophic accident			Pain Management	\$150
On or after age 7050%SurgeryAbdominal, Cranial, & Thoracic Hernia\$1,500Coma\$10,000Thoracic Hernia\$300\$300\$300Dislocation (separated joint)\$6,000Tendon, Ligament, Rotator Cuff\$900Emergency dental workCrown Extraction\$300TherapyPhysical, Occupational, or Speech;Max 10 visits\$45Dentures\$300Transportationper trip, 100 or more miles;Max 3 trips\$600Eye injury\$300Traumatic Brain Injury\$375Basic WellnessOne, per year 30 day waiting period\$50		•		Prosthetics	\$1,250
Control\$10,000Dislocation (separated joint)\$6,000Emergency dental workCrown\$300Extraction\$100Dentures\$300Implants\$300Eye injury\$300Eye injury\$300		1 ( )		Surgery Abdominal, Cranial, &	\$1,500
Dislocation (separated joint)\$6,000Emergency dental workCrown\$300Extraction\$100Dentures\$300Implants\$300Eye injury\$300	Coma		\$10,000		\$300
Emergency dental work       Crown       \$300       Therapy       Physical, Occupational, or Speech;Max 10 visits       \$45         Extraction       \$100       Therapy       Physical, Occupational, or Speech;Max 10 visits       \$45         Dentures       \$300       Transportation       per trip, 100 or more miles;Max 3 trips       \$600         Implants       \$300       Traumatic Brain Injury       \$375         Eye injury       \$300       Basic Wellness       One, per year 30 day waiting period       \$50	Dislocation (separated	joint)	\$6,000		
Extraction\$100TherapyPhysical, Occupational, or Speech;Max 10 visits\$45Dentures\$300Transportationper trip, 100 or more miles;Max 3 trips\$600Implants\$300Traumatic Brain Injury\$375Eye injury\$300Basic WellnessOne, per year 30 day waiting period\$50	Emergency dental work	Crown	\$300		·
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Eye injury\$300Basic WellnessOne, per year 30 day waiting period\$50		Dentures	\$300	Transportation per trip, 100 or more miles;Max 3 trips	\$600
Basic Weitness One, per year so day waiting period \$30		Implants	\$300	Traumatic Brain Injury	\$375
	Eye injury		\$300	Basic Wellness One, per year 30 day waiting period	\$50
Fractures (up to)         \$7,500         X-Ray         \$60	Fractures (up to)		\$7,500	X-Ray	\$60



# CRITICAL ILLNESS Insurance

Chubb Accident & Health's Critical Illness Insurance provides cash benefits for defined illnesses or specified diseases to help cover out-of-pocket medical and other non-medical expenses. Insureds can use the lump sum benefit payment for any purpose they choose: paying off deductibles, child care, transportation costs for themselves or family members, loss of income or any other financial need.

Critical Illness Benefits	
Covered Conditions	Pays a percentage of face amount
Benign Brain Tumor	100%
Breast Cancer Carcinoma In Situ	100% of Face Amount
Cancer (except skin cancer)	100%
Carcinoma In Situ	25%
Coma	100%
Coronary Artery Obstruction	25%
End Stage Renal Failure	100%
Heart Attack	100%
Loss of Sight, Speech, or Hearing	100%
Major Organ Failure	100%
Paralysis or Dismemberment	100%
Stroke	100%
Sudden Cardiac Arrest	100%
Skin Cancer Benefit - Payable once per insured per year	\$250
Recurrence Benefit	
Benefits are payable for a subsequent diagnosis of Benign Brain Tumor, Cancer, Carcinoma In Situ, Coma, Coronary Artery Obstruction, Heart Attack, Major Organ Failure, Stroke, or Sudden Cardiac Arrest. 25% of your Face Amount, as long as you were treatment free for at least 6 months.	25%

For a recurrence of Cancer, you can receive 100% of your Face Amount, as long as you were treatment free for 12 months and in complete remission.

#### Advocacy Package

**Physician Referrals** Ask the Expert Hotline provides 24 hour advice from experts about a particular medical condition. In-Depth Medical Review offers a full review of diagnosis and treatment plan.

Additional Benefits	
Basic Wellness Benefit Payable once per calendar year after 30 day waiting period	\$50
Occupational Package Benefits payable for HIV or Hepatitis B, C, or D, MRSA, Rabies, Tetanus, or Tuberculosis contracted on the job.	100%

Childhood Conditions Pays 100% of the dependent child face amount; Provides benefits for childhood conditions (Autism Spectrum Disorder; Cerebral Palsy; Congenital Birth Defects; Heart, Lung, Cleft Lip, Palate, etc; Cystic Fibrosis; Down Syndrome; Gaucher Disease; Muscular Dystrophy; Type 1 Diabetes).

### **Pre-Existing Conditions Limitation**

Claims in the first 12 months, will not be covered if they may have resulted from a condition that existed in the 6 months prior to the start of your policy.

# DISABILITY **Insurance**



Disability income protection insurance provides a benefit for long term disability resulting from a covered injury or sickness. Benefits begin at the end of the elimination period and continue while you are disabled up to the maximum benefit duration

		-		<b>—</b> • •
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Maximum Percentage of Income	60%
Monthly Benefit Maximum	\$6,000
Guaranteed Issue	Full Benefit
Elimination Period	180 Days
Disability Definition	2 Year Own Occupation
Benefit Duration	SSNRA
Limitations	
Mental/Nervous	24 Months
Drug/Alcohol	24 Months
Self-Reported/Special Condition	24 Months
Pre-Existing	3/12

### **Maximum Benefit Duration**

Benefits will not extend beyond the longer of your Social Security Normal Retirement Age or Duration of Benefits below:

Age at Disablement	Duration of Benefits	
61 or less	5 Years	
62	4 Years	
63	3 1/2 Years	
64	3 Years	
65	2 1/2 Years	
66	2 Years	
67	1 3/4 Years	
68	1 1/2 Years	
69	1 1/4 Years	
70 or older	1 Year	

### Short Term Disability Details

	·		
	7/7 Plan	14/14 Plan	
Maximum Percentage of Income	60%	60%	
Monthly Benefit Maximum	\$5,000	\$5,000	
Guaranteed Issue	60% of income up to \$4,000 per month	60% of income up to \$4,000 per month	
Elimination Period Sickness or Injury	7 days	14 days	
Benefit Duration	3 Month or 6 Month	3 Month or 6 Month	
Waiver of Premium	Yes	Yes	
Limitations			
Pre-Existing Conditions	12/12	12/12	
Pre or post tax:	POST	POST	

### Notes About Your Plan

#### Guarantee issue

The first time this benefit is available to you, and your family automatically qualify for this benefit without having to answer health questions. If enrolling in a state with state disability, you must use dovetail and or overlap percentages.

#### **Pre-Existing Conditions**

If you had Short Term Disability coverage prior to this enrollment, the pre-existing condition limitation counts the months you had the Colonial policy towards satisfying the pre-existing condition limitation under this policy. Claims in the first 12 months, will not be covered if they may have resulted from a condition that existed in the 12 months prior to the start of your policy.

#### Portability

This coverage is fully portable which means you can take it with you when you leave the company and it continues with no change in its terms as long as you pay your premium.

**Organ Donation** - Disabilities due to an organ donation are covered as a sickness and the elimination period is waived.



# TERM LIFE Insurance

Protect those you love from financial hardship. Life insurance pays a benefit directly to any beneficiaries you choose, such as your spouse, partner, children or other loved ones. In part, Life insurance may help provide replacement income for your family.

### Group Supplemental & Dependent Life / AD&D Insurance

Benefit Amount				
Employee Life and AD&D	Maximum of \$500,000 in \$10,000 increments			
Spouse and AD&D:	Maximum of \$250,000 \$5,000 increments Not to exceed 50% of employee amount.			
Child(ren) and AD&D	Birth but less than 6 months: \$500 6 months through age 26: \$10,000.			
Guaranteed Issue				
Employee	\$250,000			
Spouse	\$50,000			
Child(ren)	\$10,000			

### **Guaranteed Issue**

The first time this benefit is available to you, to the amounts listed, you and your family automatically qualify for this benefit without having to answer health questions. You will continue to carry this for as long as you maintain the policy.

### Waiver of Premium

Premiums may be waived if you should become disabled.

### **Portability of Coverage**

You may be able to keep your insurance if you later become ineligible such as by leaving the group.

### Convertible

You may be able to convert your coverage to an individual insurance policy, without having to furnish proof of good health.



Cancer Advocate Plus is a personal, precise, proactive, and confidential solution for employees to manage their health that goes beyond what you expect from supplemental health insurance, combining financial protection and cancer care.

Chubb partnered with healthŌme to introduce the first-of-its-kind, genomics based insurance, designed to help save lives. This coverage offers unique cancer prevention, treatment management, & recovery support in addition to cash benefits.

# All Cancer Is a Result of Genetic Alteration

#### How Do People Get Cancer?

People get cancer by inheriting cancercausing genetic mutations and/or acquiring utations that lead to changes in DNA.

#### What's One of the Best Ways to Treat Cancer?

One of the best ways is by identifying cancer-causing mutations and pairing the specific cancer mutations with the latest precision treatments.

### Cancer Advocate Plus Pays Cash Benefits

Payment Upon Diagnosis of Cancer	\$5,000
Recovery Payment (6 Months After Diagnosis)	\$5,000
Recovery Payment (12 Months After Diagnosis)	\$5,000

## How Does Cancer Advocate Plus Work?

**Proactive Cancer Screening** 

#### Heritable Cancer Risk Screening

If an employee understands the changes in their genes known to increase the risk of cancer, they can better manage their risk and seek a diagnosis early.

#### Pharmacogenomic Testing (PGx)

PGx indicates how employees will respond to medications and identifies optimal drugs and dosages to avoid adverse reactions and medical trial and error.

#### **Genetic Counseling & Action Plan**

Genetic Counselors explain results and empower employees to take control of their health.

#### **Cancer Management**

#### Oncology Nurse Advocates

Explain the diagnosis, advocate on employee's behalf and partner with doctors to act on genetic information.

#### **Expert Medical Review**

A review of relevant medical records and genetic test results by cancer experts.

#### **Genetic Tumor Testing**

Molecular diagnostic tests are used to define personalized treatments.

#### **Clinical Trial Enrollment**

Comprehensive clinical trial search and enrollment support.

#### **Precision Treatment Report**

Shares actionable insights with the treating physician and grants access to the experts who created it.

#### Cancer Recovery

#### Recurrence Monitoring

Testing designed to identify early signs of recurrent cancer.

#### Education & Resources

#### healthŌme Portal

A collection of videos and reference materials about genetics and cancer.



# LIFETIME BENEFIT TERM Life Insurance

You work hard to provide a good life for your family. However, what if something happened to you? Would your family be able to continue covering expenses you may have today like mortgage payments, childcare, credit card payments, college tuition and other household expenses? What about burial expenses or expenses for long term care like nursing home or assisted living care?

# CHUBB Lifetime Benefit Term

Life Insurance-Valuable protection for your loved ones

You work hard to provide a good life for your family. However, what if something happens to you? Life Time Benefit Term provides the help you and your family needs to help pay for:

- Mortgage and Rent
- College and Education
- Retirement
- Household Expenses
- Long Term Care
- Childcare
- Family Debt
- Burial

**Creative Solutions for Term Life Insurance** 

#### **Guaranteed Premiums**

Life insurance premiums will never increase and are guaranteed to age 100. Thereafter no additional premium is due while the coverage can continue to age 121.

#### **Guaranteed Benefits During Working Years**

While the policy is in force, the death benefit is guaranteed 100% when it is needed most-during your working years when your family is relying on your income. The death benefit is 100% guaranteed for the longer of 25 years or age 70.

#### **Qualified Long Term Care (LTC) Benefit**

If you need LTC, you can access your death benefit while you are living for home health care, assisted living, adult day care and nursing home care. You get 4% of your death benefit per month while you are living for up to 25 months to help pay for LTC. Insurance premiums are waived while this benefit is being paid.

# HOSPITAL INDEMNITY Insurance

Expenses associated with a hospital stay can be financially difficult if money is tight and you are not prepared. The right coverage before you experience a sickness or injury can help eliminate your financial concerns and provide support at a time when it is needed most.

Our Hospital Indemnity insurance pays a cash benefit for hospital confinements directly to you unless assigned. It is increasingly important to not only protect your finances if faced with an unexpected illness, but also to empower yourself to seek the necessary treatment.

Hospitalization Benefits	Low	High
Hospital Admission Benefit		
For admission to a hospital or hospital sub-acute intensive care unit. (Max once per calendar year)	\$500	\$1500
Hospital Confinement Benefit		
For confinement in hospital or hospital sub-acute intensive care unit. (Max 15 per calendar year)	<b>\$165</b> Per Day	<b>\$165</b> Per Day
Hospital Confinement ICU Benefit		
For confinement in a hospital intensive care unit. (Max 10 per calendar year)	<b>\$330</b> Per Day	<b>\$330</b> Per Day
Newborn Nursery Benefit		
Payable for an insured newborn baby receiving newborn nursery care and who is not confined for treatment of a physical illness, infirmity, disease or injury. (Max Days per Confinement for Normal Delivery: 2; for Caesarean Section: 4)	<b>\$50</b> Per Day	<b>\$100</b> Per Day
Diagnostic Benefits		
Wellness Benefit		
Health Screening Test Benefit is paid for each covered person who undergoes one or more covered test. Max Days Per Calendar Year: 1	<b>\$50</b> Per Day	<b>\$50</b> Per Day
Additional Provisions		
Continuity in Coverage		
If you had Hospital Indemnity coverage prior to this enrollment, the pre-existing condition limitation counts the months you had the Colonial policy towards satisfying the pre-existing condition limitation under this policy.		

### **Pre-Existing Conditions Limitations**

Claims in the first 6 months, will not be covered if they may have resulted from a condition that existed in the 12 months prior to the start of your policy.

If you give birth in the first 6 months of coverage, you will not be covered for admission, confinement, or nursury benefits resulting from that birth.

### Portability

Keep your coverage if you change jobs while the policy is in force as long as you have been continuously covered for at least 12 months. Once ported, coverage continues for 12 months as long as the policy remains in force and you pay the premium.

# MetLife

# IDENTITY THEFT Protection

# Meet Aura

An all-in-one, easy to use online security solution designed to protect the entire family

### **Identity Theft Protection**

Aura monitors your personal information and alerts you if any threats are detected.

### **Financial Fraud Protection**

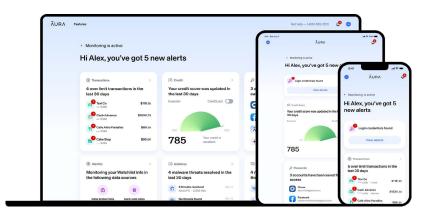
Aura monitors your credit, financial accounts, and property titles and alerts you to any suspicious activity.

### **Privacy and Device Security**

Get intelligent safety tools– like VPN, antivirus, password manager, and more – to protect your online privacy.

### Family Safety

Loved ones with integrated parental controls, elder fraud prevention tools, and more.



In today's digital world, employees are spending more time online than ever which could put their personal information in the hands of cyber criminals.

Aura protects you and your families from fraud by helping to ensure your private information is not anywhere it shouldn't be.

24/7/365	White Glove	\$5M Insurance	Features at your
Customer Support	Fraud Resolution	Policy	fingertips
Aura's 100% US-based Customer Support team is available 24/7/365.	Aura's White Glove Resolution Specialists guide fraud victims through every step of the remediation process.	Each enrolled adult is backed by a generous \$5M insurance policy* to cover eligible losses and expenses.	With Aura's easy to use mobile app, members enjoy a consistent experience across devices.



Unlike other voluntary benefits which are purchased as a safety net (with the hope that you never have to use them), the more an you uses a Legal Plan, the more you benefit. Like it or not, laws permeate every aspect of our lives. So, it's helpful to have an advocate in your corner dealing with expensive legal issues like identity theft or debt.

Plan features				
Money Matters	<ul> <li>Debt Collection Defense</li> <li>Identity Theft Defense</li> <li>Identity Restoration<sup>1</sup></li> </ul>	<ul> <li>Negotiations with Creditors</li> <li>Personal Bankruptcy</li> <li>Promissory Notes</li> </ul>	<ul><li>Tax Audit Representation</li><li>Tax Collection Defense</li></ul>	
Home & Real Estate	<ul> <li>Boundary or Title Disputes</li> <li>Deeds</li> <li>Eviction Defense</li> <li>Foreclosure</li> </ul>	<ul> <li>Home Equity Loans</li> <li>Mortgages</li> <li>Property Tax Assessments</li> <li>Refinancing of Home</li> </ul>	<ul> <li>Sale or Purchase of Home</li> <li>Security Deposit Assistance</li> <li>Tenant Negotiations</li> <li>Zoning Applications</li> </ul>	
Estate Planning	•Codicils •Complex Wills •Healthcare Proxies •Living Wills	•Powers of Attorney (Healthcare, Financial, Childcare, Immigration)	<ul><li>Revocable Trusts</li><li>Irrevocable Trusts</li><li>Simple Wills</li></ul>	
Family & Personal	<ul> <li>Adoption</li> <li>Affidavits</li> <li>Conservatorship</li> <li>Demand Letters</li> <li>Divorce (20 hours)</li> <li>Garnishment Defense</li> <li>Guardianship</li> </ul>	<ul> <li>Immigration Assistance</li> <li>Juvenile Court Defense, Including Criminal Matters</li> <li>Name Change</li> <li>Personal Property Protection</li> </ul>	<ul> <li>Prenuptial Agreement</li> <li>Protection from Domestic Violence</li> <li>Review of ANY Personal Legal Document</li> <li>School Hearings</li> </ul>	
Civil Lawsuits	•Administrative Hearings •Civil Litigation Defense	<ul> <li>Disputes Over Consumer Goods &amp; Services</li> <li>Incompetency Defense</li> </ul>	<ul><li>Pet Liabilities</li><li>Small Claims Assistance</li></ul>	
Elder-care Issues	Consultation & Document Review for your parents: •Deeds •Leases	<ul> <li>Medicaid</li> <li>Medicare</li> <li>Notes</li> <li>Nursing Home</li> <li>Agreements</li> </ul>	<ul><li>Powers of Attorney</li><li>Prescription Plans</li><li>Wills</li></ul>	
Traffic & Other Matters	<ul> <li>Defense of Traffic</li> <li>Tickets<sup>2</sup></li> <li>Driving Privileges</li> <li>Restoration</li> </ul>	•Habeas Corpus	•Repossession	

1. Aura is a product of Aura Sub, LLC. Aura Sub, LLC is not affiliated with MetLife, and the services and benefits they provide are separate and apart from any MetLife product.

2. Does not cover DUI.



# HOME & AUTO Insurance

## Insure what's important while enjoying saving

- Automated payment options and discounts
- Claim-free driving rewards
- Multi-policy savings
- Roadside assistance
- 24/7 claim reporting

Access to quality insurance to protect your valuables, to help protect against personal liability, and that can help feel financially secure with 24/7 professional support they need to bounce back, if the unexpected happened. This program helps choose policies to fit your needs and that fit your budget with special savings based on where you work, among other discounts.

### Auto Insurance

Comprehensive coverage? Collision coverage? Deductibles? Medical Payments? Where to begin? Your local Farmers agent can take the mystery out of selecting the right Car insurance coverage for your needs and budget. Get started with an online Auto insurance quote and learn about our insurance discounts that can help you save money.

### **Home Insurance**

Your home is perhaps your most valuable possession, so you'll want to make sure your insurer has withstood the test of time. Farmers<sup>®</sup> has been providing insurance products for over 80 years, and will be there in the event disaster strikes and your home is damaged in a fire or due to another covered cause of loss. Plus, get competitive rates with our multi-line insurance discounts. Get a Home insurance quote now.

#### **Renters Insurance**

Your landlord may have an insurance policy, but if there's a fire in your building, that policy may not cover your possessions. That's why there's Renters insurance. Get a Renters insurance quote to see how affordable it is to protect your personal belongings: about the price of a movie and popcorn once a month.

### **Umbrella Insurance**

You work hard for the things that are important to you. For added coverage above and beyond the liability limits of your Auto or Home insurance policies, a Personal Umbrella insurance policy can provide added protection for your assets and future earnings

# PET **Insurance**



MetLife Pet Insurance is committed to helping pet parents experience the joys of parenthood by providing them the confidence to care for their pet. Pet insurance helps to reimburse pet parents for covered unexpected veterinary expenses for their furry family members. This will help to give you the confidence that you can pay for treatment for your pets if they become sick or have an accidental injury.

### Freedom of Comprehensive coverage

Flexibility to select various levels of coverage with no breed exclusions or upper age limits; ability to include multiple pets on one policy through our innovative family plans

- Optional wellness coverage (preventive care) included in annual limit
- Competitive rates with discounts, healthy pet incentive and the only provider offering family plans (i.e., multiple pets covered by one policy)
- Coverage of pre-existing conditions when switching providers, no initial exam or previous vet records to apply

### Simple and delightful experience

Your home is perhaps your most valuable possession, so you'll want to make sure your inNew mobile app experience that allows for easy claim submission & track claims with most claims processed within 10 days

• Team of pet advocates to assist with enrollment and service, access to telehealth concierge service.

• No waiting period for orthopedic coverage and among the industry's shortest wait period for accident and illness coverage.

### Backed by MetLife's unmatched track record

Simple set up with no additional costs to you and a seamless integration across MetLife benefits

Ongoing support with customizable employee communications & tools

### **Umbrella Insurance**

You work hard for the things that are important to you. For added coverage above and beyond the liability limits of your Auto or Home insurance policies, a Personal Umbrella insurance policy can provide added protection for your assets and future earnings

# **reliance**matrix

# EMPLOYEE ASSISTANCE **Program**

### Life comes with challenges.

Reach out to your Assistance Program for short-term counseling, financial coaching, caregiving referrals and a wide range of well-being benefits to reduce stress, improve mental health and make life easier.

The following services are free to use, confidential, and available to you and your family members:

### **Mental Health Sessions**

Up to 3 sessions\* to help manage stress, anxiety and depression, resolve conflict, improve relationships, overcome substance abuse and address any personal issues, with options for in-person, telephonic, or video counseling sessions.

### Life Coaching

To help reach personal and professional goals, manage life transitions, overcome obstacles, strengthen relationships, and build balance.

### **Financial Consultation**

To help build financial wellness related to budgeting, buying a home, paying off debt, managing taxes, preventing identify theft, and saving for retirement or tuition.

### **Legal Consultation**

To help with a variety of personal legal matters including estate planning, wills, real estate, bankruptcy, divorce, custody, and more.

### Life Management

To provide information and referrals when seeking childcare, adoption, special needs support, eldercare, housing, transportation, education, and pet care.

### **Personal Assistant**

To help manage everyday tasks and give back time by providing information and referrals for home services, repairs, travel, entertainment, dining and personal services.

### **Medical Advocacy**

To help navigate insurance, obtain doctor referrals, secure medical equipment or transportation, and plan for transitional care and discharge.

### **Member Portal and App**

Access your benefits 24/7/365 with online requests and chat options, and explore thousands of articles, webinars, podcasts and tools covering total well-being.

Contact AllOne Health: Call 855-RSL-HELP (855-775-4357) or visit allonehealth.com/reliance-matrix. Code: RSLI859

#### \*3 Sessions per Six Months for California Employees

EAP benefits are free of charge, 100% confidential, available to all family members regardless of location, and easily accessible through AllOne Health's 24/7, live-answer, toll-free number.

EAP services are provided by AllOne Health, under agreement with Reliance Matrix

# UTILIZING PREVENTIVE **CARE SERVICES**

# 🐼 ONYX HEALTH



### "AN OUNCE OF PREVENTION IS WORTH A POUND OF CURE"

Understanding the full value of covered benefits allows you to take responsibility for maintaining good health and incorporating healthy habits into your lifestyle. Some examples include getting regular physical examinations, mammograms and immunizations. Through the plans offered by your employer, all covered individuals and family members are eligible to receive routine wellness services like these. Well visits, mammograms, and pap smears are covered at no copay.

# WHICH PREVENTIVE CARE SERVICES ARE COVERED?

- Routine Physical Exam
- Well Baby and Child Care
- Well Woman Visits
- Immunizations
- Routine Bone Density Test
- Routine Breast Exam
- Routine Gynecological Exam
- Routine Digital Rectal Exam
- Routine Colonoscopy
- Routine Colorectal Cancer Screening
- Routine Prostate Test
- Routine Lab Procedures
- Routine Mammograms
- Routine Pap Smear
- Smoking Cessation



# LEGAL NOTICES

## ACCOUNTABILITY ACT OF 1996 (HIPAA)

The Health Insurance Portability and Accountability Act of 1996 addresses how an employer can enforce eligibility and enrollment for health care benefits, as well as ensuring that protected health information which identifies you is kept private. You have a right to inspect copy-protected health information that is maintained by and for the plan for enrollment, payment, claims and case management. If you feel that protected health information about you is incorrect or incomplete, you may ask your

benefits administrator to amend the information. For a full copy of the Notice of Privacy Practices, describing how protected health information about you may be used and disclosed and how you get access to the information, contact Human Resources.

The HIPAA Privacy Rule was effective beginning April 14, 2003. The Privacy Rule is intended to safeguard protected health information (PHI). The provisions of the Privacy Rule have a significant impact on those who deal with health information and on all citizens about their personal PHI. Our health insurance broker and all our contracted plans adhere to the HIPAA Privacy Rule.

# MEDICAID AND THE CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

If you're eligible for health coverage from your employer, but can't afford the premiums, some states have premium-assistance programs that can help pay for coverage with funds from their Medicaid or CHIP programs. If you or your dependents are already enrolled in Medicaid or CHIP, contact your state Medicaid or CHIP office to find out if premium assistance is available. If you or your dependents are NOT currently enrolled in Medicaid or CHIP, once it is determined that you or your dependents are eligible for premium assistance under Medicaid or CHIP, the employer's health plan is required to permit you and your dependents to enroll in the plan - if you and your dependents are eligible, and not already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance.

## WOMEN'S HEALTH AND CANCER RIGHTS ACT

## ENROLLMENT NOTICE

If you have had or are going to have at mastectomy, you may be entitled to certain benefits under the Woman's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for: All stages of reconstruction of the breast on which mastectomy was performed.

2. Treatment of physical complications of the mastectomy, including lymphedema.

<sup>1.</sup> Surgery and reconstruction of the other breast to produce a symmetrical appearance; prostheses.

# LEGAL NOTICES

# 🎲 ONYX HEALTH

### CONSOLIDATED OMNIBUS BUDGET RECONCILIATION ACT OF 1985

The right to COBRA continuation coverage was created by federal law, so that you and your covered dependents may continue your employer-sponsored benefits coverage at full costs (plus an administrative fee). After a qualifying event, COBRA continuation coverage must be offered to each qualified beneficiary. You, your spouse and your dependent children could become qualified beneficiaries if coverage under the Plan is lost as a result of a qualifying event. If you're an employee, you'll become a qualified beneficiary if you lose your coverage for either of these reasons:

- Your hours of employment are reduced
- Your employment ends for any reason other than your gross misconduct.

If you're the spouse/ dependent of an employee, you'll become a qualified beneficiary if you lose your coverage under the Plan for any of these reasons:

- Your spouse/parent dies
- Your spouse/parent's hours of employment is reduced
- Your spouse/parent's employment ends for reasons other than his or her gross misconduct
- Your spouse/parent is retired and becomes entitled to Medicare benefits
- You are divorced or legally separated from your spouse
- Child is no longer eligible for coverage under the Plan as a dependent child.

The period for which coverage may continue will depend on the qualifying event. When the event is death of the employee, entitlement to Medicare benefits, divorce or separation, or child's loss of dependent eligibility, COBRA continuation coverage remains in effect for up to 36 months. With some exceptions, when the qualifying event is the end of employment or reduction in hours, COBRA continuation generally lasts for only up to 18 months.

\* This enrollment booklet is a summary description of your benefits. If there is a discrepancy between these summaries and the written legal plan documents, the plan documents shall prevail. This booklet and plan summaries do not constitute a contract of employment. These plans are provided by your employer and employer's insurance broker. Although every effort has been made to provide complete and accurate information, PES makes no warranties, express or implied, or representations as to the accuracy of content on this booklet. PES assumes no liability or responsibility for any error or omissions in the information contained in the booklet.

# CARRIER CONTACT INFORMATION

For assistance understanding and enrolling your benefits, reach the enrollment call center at **786-375-5109** Monday-Friday 8am-5pm CST

Below is contact information for each of the carriers of the specific benefits available to you for when you need to make a claim or have questions relating to a specific condition, coverage, or loss.

## **Carrier Contact Information**

Health	UHP Management	855.375.7125	uhpadministrators.com/
Pharmacy	MedTipster	877.226.2378	medtipster.com
Dental	Metlife	800.275.4638	metlife.com/mybenefits
Vision	Metlife	800.275.4638	metlife.com/mybenefits
Accident	CHUBB	866.445.8874	chubb.com
Critical Illness	CHUBB	866.445.8874	chubb.com
Hospital Confinement	CHUBB	866.445.8874	chubb.com
Short Term Disability	CHUBB	866.445.8874	chubb.com
Long Term Disability	Reliance Matrix	800.247.6875	reliancematrix.com
Term Life and AD&D	Reliance Matrix	800.247.6875	reliancematrix.com
Lifetime Benefit Term	CHUBB	866.445.8874	chubb.com
Cancer Advocate	CHUBB	866.445.8874	chubb.com
Aura Identity Theft	Metlife	800.638.5733	metlife.com/identity.and.fraud.protection
Met Legal	Metlife	800.821.6400	legalplans.com
Home & Auto	Farmers Company code: Citadel Care Centers	888.327.6335	farmers.com On the dropdown, select the GroupSelect option on the right.
Employee Assistance Program	Reliance Matrix AllOne Health	855.775.4357	allonehealth.com/reliance-matrix Code: RSL1859

# Important Benefit Information For New Employees

Please note, it is the employee's responsibility to initiate the enrollment process. Employees should not wait for a call or notification from HR to confirm eligibility. As soon as you are eligible, call the enrollment center or enroll online. To find out if you are eligible, call the enrollment center. Once the enrollment window passes, employees are no longer eligible to enroll in benefits until the annual open enrollment.



### **Plan ahead**

New employees are eligible for benefits on the first of the month following 60 days after date of hire.





## Enroll Early - Don't Wait

Please call the enrollment center or enroll online in the month before your benefits would begin. Whether you want to enroll in or decline all benefits, all employees must complete the enrollment process.



### **How to Enroll**

**Call the BenManage call center:** (786) 375-5109 Monday-Friday: 9am-6pm EST

(If you reach the call center's voicemail please leave your name and number so a benefit enroller can return your call)

**Enroll online**: chubb.benselect.com/citadel (scan the QR code) Your username is your social security number with no dashes and your PIN is the last 4 digits of your SSN and your 2 digit birth year.

 Example: SSN 123-45-7890 and Year of Birth of 1992

 Login: 1234567890
 PIN: 789092







### **Get Assistance**

If you have any questions or need assistance with your enrollment, call (786) 375-5109

